



EXPLORATORY WORK EXPERIENCE FALL
2018-2019

UCSD CENTER FOR COMMUNITY HEALTH

By Nirvana Ortiz-Martinez & Andrew Lu

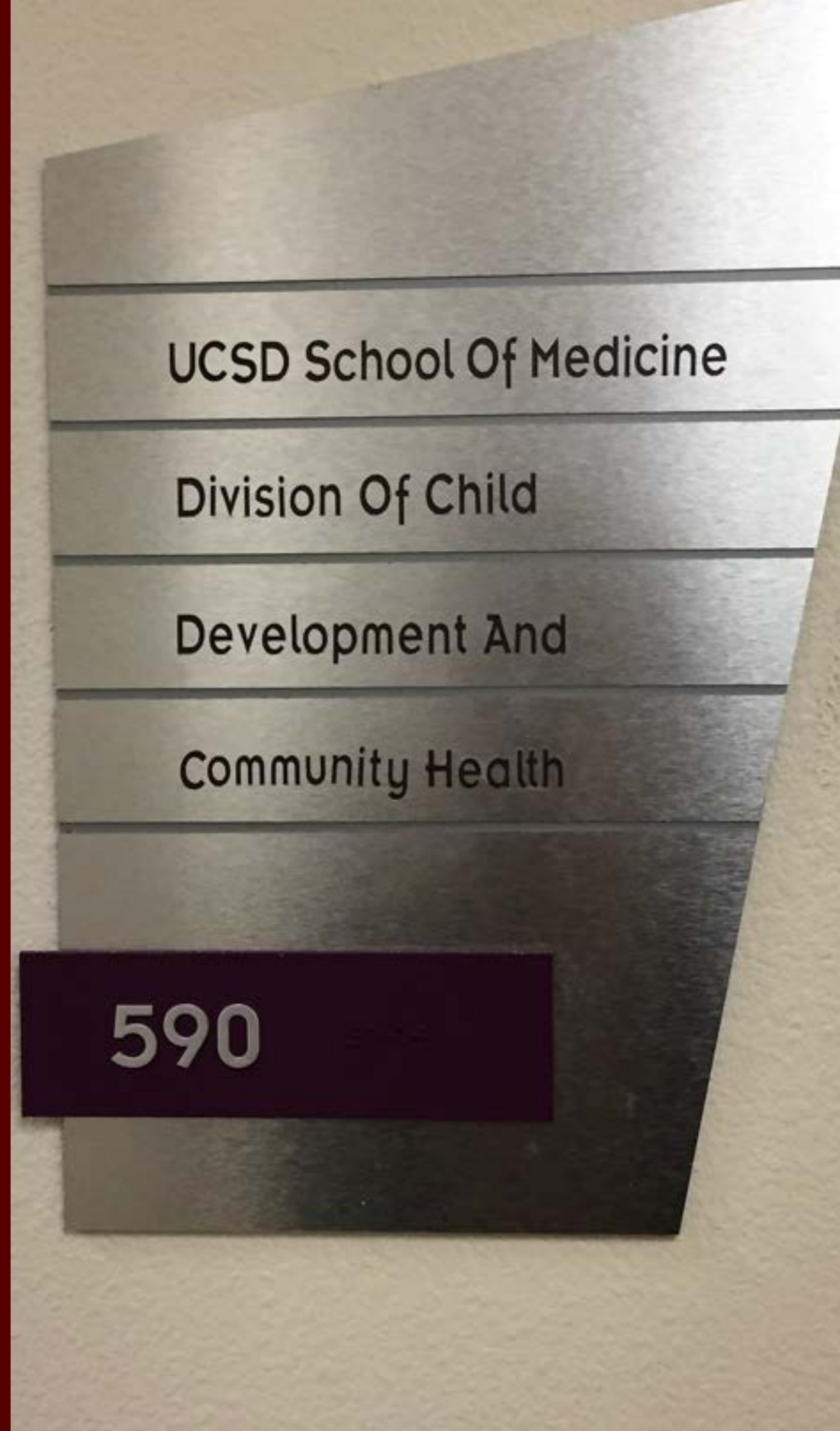
COMPANY OVERVIEW

WHAT UCSD CCH IS ABOUT

"We are dedicated to improving and promoting health and wellness in communities where people live, work, learn, play and worship."

"Transforming health and wellness in diverse communities by improving health equity"

<https://ucsdcommunityhealth.org/>

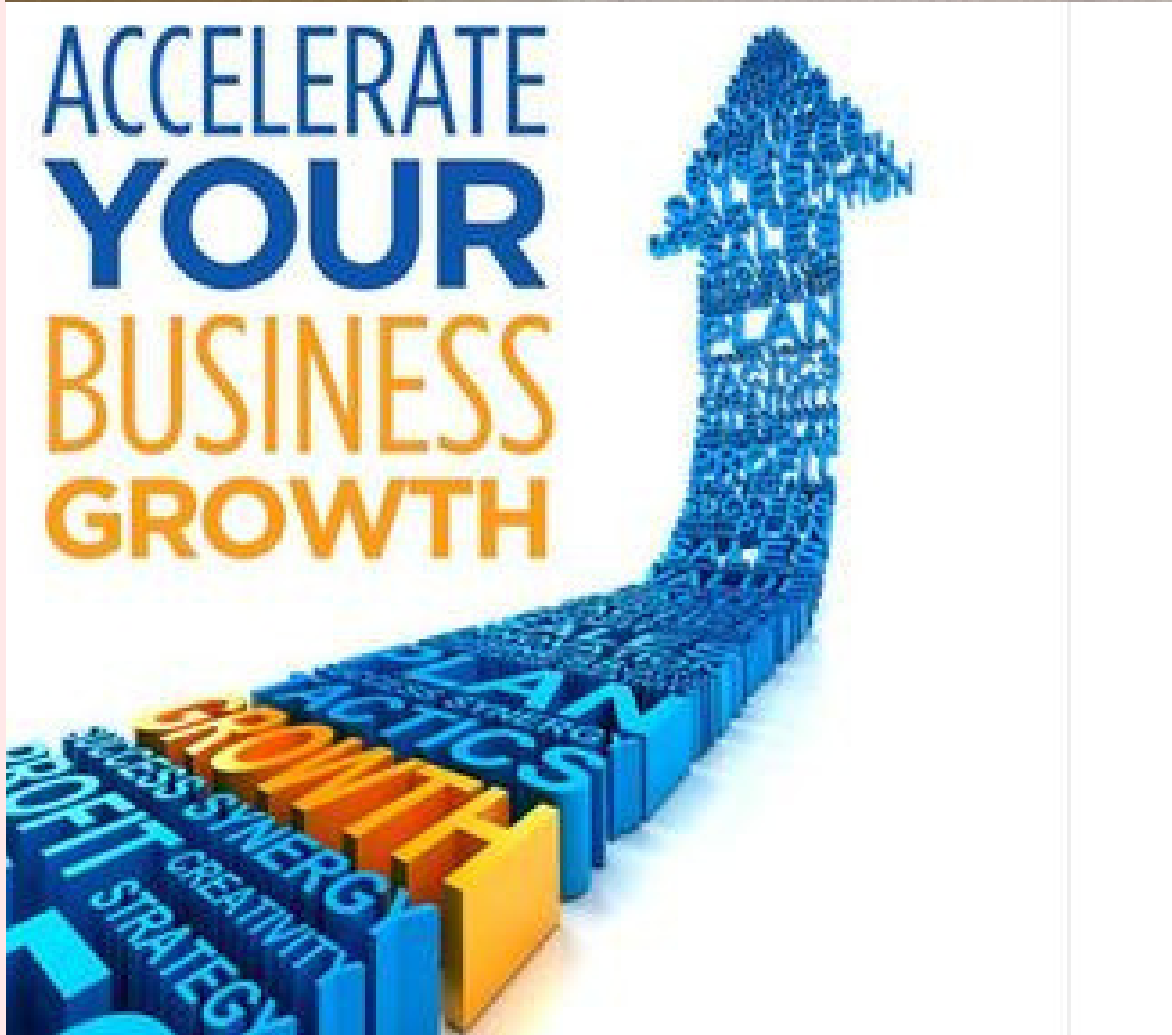


Public Health Industry



Public Health
Prevent. Promote. Protect.

”



HOW THEY STARTED

PHIL NADER

- ~Founder
- ~In 2010, published a guide for parents, "You Can Prevent Childhood Obesity: Practical Ideas from Pregnancy to Adolescence"
- ~He co-founded and co-led a foundation, Legacy of Health
- ~Dr. Phil Nader passed away on April 21, 2017

START UP

- ~Researched work for child obesity
- ~They evolved to looking at Public Health changes as Public Health evolved

Basic Info



EMPLOYEES

27 members (not including interns and volunteers)



LEADERSHIP STRUCTURE

Executive director, team of managers, program coordinators, dedicated interns and volunteers. Masters', Bachelors', or Public Health Degree



JOB

- Public health practitioner
- Researchers
- Admin jobs
- Community organizing jobs
- Community health jobs



MONEY

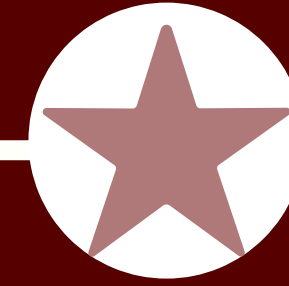
Via grants time-limited and given either by the government, private philanthropists, and/or organizations.

Essential Skills



MOST IMPORTANT

- Adaptability
- Organization
- Communication



TRANSFERABLE

Communication
is
important
and
needed

STRENGTHS AND WEAKNESSES

STRENGTHS

1. Organized
2. Focused
3. Dedicated

WEAKNESSES

Organization could be more well known, could reach out to more people in different areas



THE INTERSHIP EXPERIENCE

NIRVANA ORTIZ-MARTINEZ
ANDREW LU

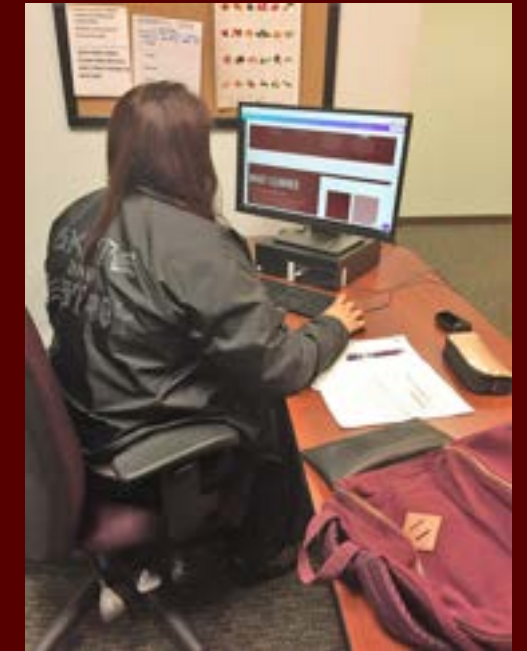


OUR JOB POSITION

NIRVANA ORTIZ-MARTINEZ
ANDREW LU



Youth Advisory
Council Intern



Supervisor:
Elizabeth Cooper



What Do We Do?

ACCOMPLISHMENTS & CONTRIBUTIONS



PRESENTATION

~Teen Pregnancy
~Homelessness



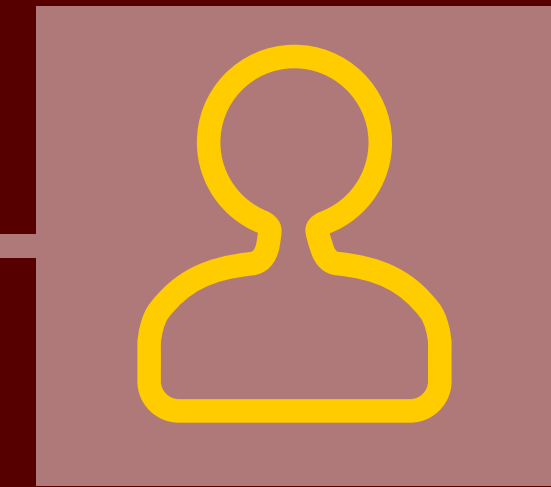
VIDEO

~"How To Present"
[https://ga.vyond.com/videos/OwTd336W8Xr8?](https://ga.vyond.com/videos/OwTd336W8Xr8?utm_source=linkshare&utm_medium=linkshare&utm_campaign=usercontent)
[utm_source=linkshare&utm_medium=linkshare&utm_campaign=usercontent](https://ga.vyond.com/videos/OwTd336W8Xr8?utm_source=linkshare&utm_medium=linkshare&utm_campaign=usercontent)



"BIG PICTURE"

Improving health equity starting from the San Diego area.



PROUDEST WORK

Presentations and Video

WHAT I LEARNED

ANDREW

- Confidence
- Presentation Etiquette
- Canva

NIRVANA

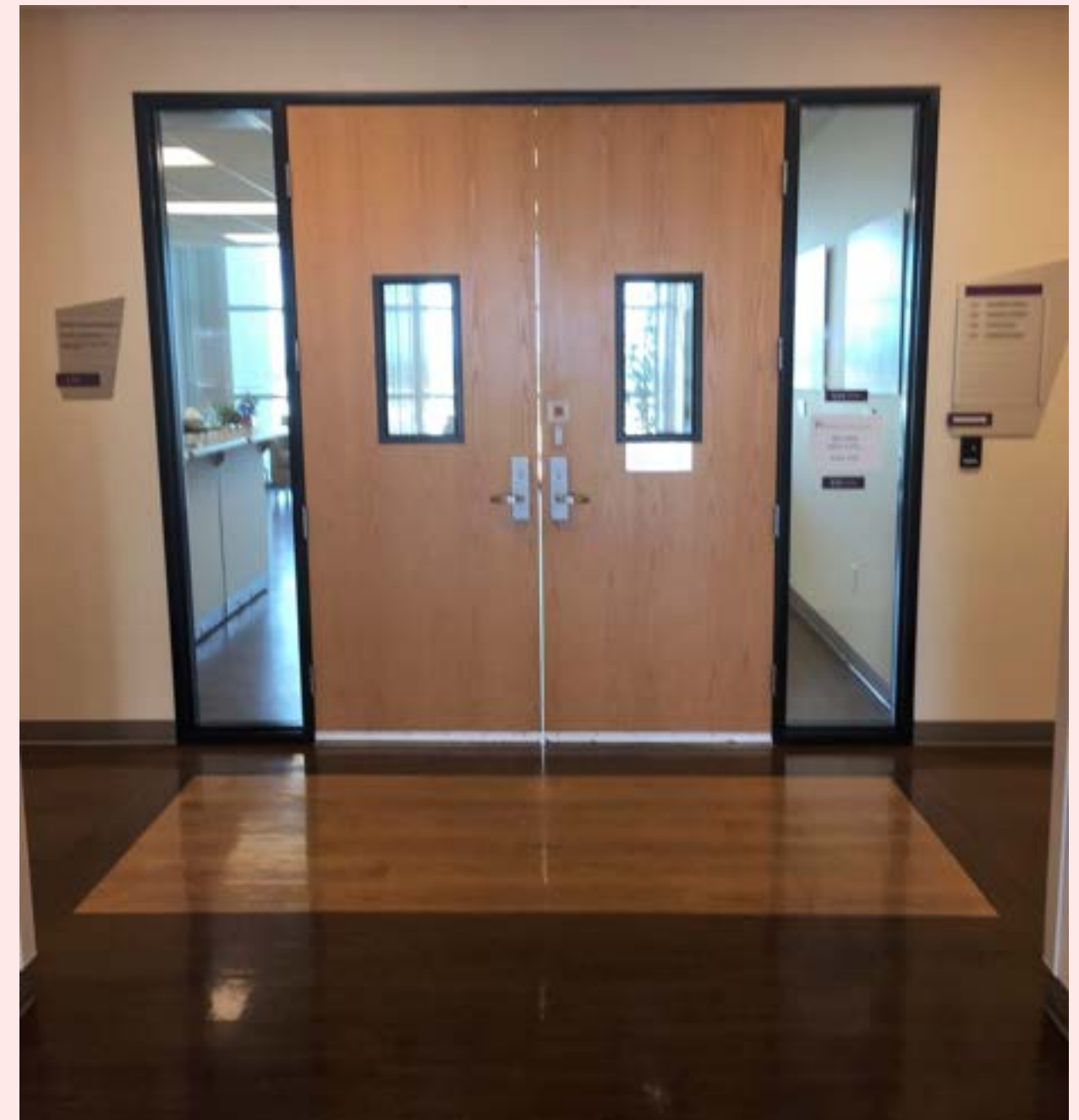
- Responsibility
- Animated Video Skill
- What's going on in Communities





YAC (YOUTH ADVISORY COUNCIL) MEETINGS

- ~Young leaders of the future
- ~We aim to fix the problem of the choice of wrong eating habits
- ~We work to change the social and environmental factors that impact health



Conclusion



ANDREW

- Welcoming Environment
- Independent to Group Goal
- Positive Future Outlook



NIRVANA

- Different perspective
- Growth in leadership
- Awareness of Public Health

THANK YOU

QUESTIONS, COMMENTS, & CONCERNS

And Another Thank You to The UCSD Center For
Community Health and Its Dedicated Staff

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