

EAST AFRICAN YOUTH

YOUNG EAST AFRICAN BOYS & MEN AGES 16-25

THEORY OF CHANGE



United Women
of East Africa
Support Team



ULTIMATE

Youth are resilient, have a strong sense of self-identity, and positively contribute to their communities and to society.

OUTCOMES

Make informed mental health decisions

Trusted peer & community network for BH support

Better understand environmental impacts and resources available

Youth have a trusted peer and community network

Peer-to-Peer training and established center

HEALTH & WELLNESS

Provide youth-led cultural awareness education.

Regular youth workshops/meetings and social media outreach

Youth are engaged and active participants in their community.

Youth demonstrate stronger leadership and advocacy skills.

Increasing social capital & pride in cultural identity

COMMUNITY & ENVIRONMENT

Peer-led, culturally-literate & responsive behavioral health and psychosocial & Wellness hub.

Youth are organized and engaged in providing an open system of communication and information sharing that is accountable to address their mental health needs.

Youth-led education self-help groups.

Cultural & faith-based learning opportunities

Youth have skills and knowledge to enroll and persist

Youth gain knowledge of pathways to careers and education

Understand apprenticeship & vocational program qualifications

CAREER & EDUCATION

Intensive week-long & weekend workshops

Informational workshops and career/education presentations

One-to-one career and educational counseling, application support

EVALUATION

COMMUNITY & PARTNER NETWORK FEEDBACK

LEADERSHIP DEVELOPMENT